

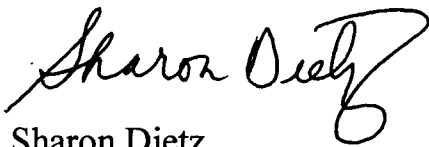
“Day to day without headaches”

For years I have suffered from severe headaches and lower back pain. My headaches caused pain from the front of my head to the back of my neck. My lower back hurt so bad it shot pain all the way down into my left leg. I had not taken any medications for my symptoms, and was seeing several doctors to lessen the pain.

A friend recommended Isdale Chiropractic to me for my headaches, and I really felt no doubts. I had been to Isdale before and knew it is a great place. Dr. John and his staff are great people, and extremely encouraging. They always explain everything to me, which makes me feel a lot better. I have really come a long way, and I feel great. I have had very few bad days, spread out among so many good days.

I can go day to day without headaches. I recommend that anyone see a chiropractor who needs relief. I will not stop coming to Isdale Chiropractic now that I feel better. One of the big reasons is because I don't like to take medication, and at Isdale I can get relief without medication.

Sincerely,

A handwritten signature in black ink that reads "Sharon Dietz". The signature is written in a cursive style with a large, looping flourish at the end.

Sharon Dietz
Patient